



Cafeteria Manager: Jessica Cabe



Fitness Tip: Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

USDA is an equal opportunity provider, employer, and lender. Reference: USDA MyPlate

Monday

Hotdog OR
BBQ Sandwich
Slaw
Baked Beans
Fruit & Choice of Milk

1

Tuesday

Soft Taco OR
Cheese Stick w/ Marinara
Potato Medley
Corn
Fruit & Choice of Milk

2

Wednesday

Pizza OR
Spaghetti w/ garlic bread
Veggie cup
Salad
Fruit & Choice of Milk

3

Thursday

Manager's Choice

4

Friday

Cheeseburger OR
Chicken Sandwich
Lettuce/Tomato/Pickle
Carrots
Fruit & Choice of Milk

5

Corndog OR
Fish Nuggets w/ hushpuppies
Slaw
Corn
Fruit & Choice of Milk

8

Pizza OR Burrito
Salad
Veggie Cup
Fruit
Choice of Milk

9

Chicken Little OR
Hotdog
Baked Beans
Carrots
Fruit & Choice of Milk

10

WINTER BREAK

11

WINTER BREAK

12

SCHOOL HOLIDAY

15

Chicken Nuggets w/ roll
OR Steak Nuggets w/ roll
Pintos
Mashed Potatoes
Fruit & Choice of Milk

16

Veggie soup w/ PB&J OR
Grilled Cheese
Celery
Salad
Fruit & Choice of Milk

17

Burrito OR
Shrimp w/ hushpuppies
Corn
Veggie Cup
Fruit & Choice of Milk

18

BBQ Sandwich OR
Hotdog
Slaw
Baked Beans
Fruit & Choice of Milk

19

MANAGER'S CHOICE

22

Pizza OR
Spaghetti w/ garlic bread
Salad
Corn
Fruit & Choice of Milk

23

Beef Stew OR
Potato Soup
Veggie Cup
Goldfish Crackers
Fruit & Choice of Milk

24

Manwich OR
Chicken Nuggets w/ roll
Peas & Carrots
Celery
Fruit & Choice of Milk

25

Hamburger OR
Chicken Sandwich
Lettuce/Tomato/Pickle
Chips
Fruit & Choice of Milk

26

